

Follicular Lymphoma Grade 1–2



This NCCN QUICK GUIDE™ sheet summarizes key points from the complete [NCCN Guidelines for Patients®: Follicular Lymphoma Grade 1–2](#). These guidelines explain which tests and treatments are recommended by experts in cancer. To view and download the guidelines, visit NCCN.org/patients or, to order printed copies, visit Amazon.com

NCCN Guidelines
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What is follicular lymphoma?

Lymphoma is a cancer of white blood cells within the lymph system. This system transports fluids to the bloodstream and fights germs. Follicular lymphoma is a cancer of B cells from germinal centers within lymph tissue.

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What are the tests for follicular lymphoma?

A doctor will remove lymph tissue that will be tested for cancer. Removing the whole tumor with an incisional or excisional biopsy is better than a needle biopsy. In the lab, a doctor will look for patterns of cell proteins that are common to follicular lymphoma.

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What health care is given before treatment?

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| ■ A report of your health history and an exam of your body | 17 |
| ■ Blood tests to count blood cells and assess levels of chemicals and proteins | 18 |
| ■ Tests for hepatitis if needed | 19 |
| ■ A heart test if you will be taking certain cancer treatments | 19 |
| ■ Pictures of the insides of your body to look for cancer sites (ie, CT, PET/CT) | 20 |
| ■ Cancer tests on bone marrow | 21 |
| ■ Fertility support if wanted and a pregnancy test if needed | 21 |



What are treatment options for initial treatment?

Stages I and II	<ul style="list-style-type: none"> ■ Radiation therapy for very small cancers ■ Antibody treatment with or without chemotherapy, radiation therapy, or both ■ Watch and wait 	26
Stages III and IV	<ul style="list-style-type: none"> ■ Watch and wait ■ First-line regimens like chemoimmunotherapy ■ Clinical trial ■ Radiation therapy for symptoms 	27

What are treatment options for second-line treatment?

<ul style="list-style-type: none"> ■ Watch and wait ■ Second-line regimens like chemoimmunotherapy or a kinase inhibitor ■ Clinical trial ■ Radiation therapy for symptoms 	29
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What are treatment options for transformed lymphoma?

<ul style="list-style-type: none"> ■ Clinical trial ■ Chemoimmunotherapy with or without radiation therapy ■ Ibritumomab tiuxetan ■ Axicabtagene ciloleucel or tisagenlecleucel ■ Stem cell transplant with or without radiation therapy ■ Radiation therapy ■ Supportive care 	33
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How can you decide between options?

<ul style="list-style-type: none"> ■ Don't be shy; ask your doctors questions. They are there to help. ■ Get a second opinion. Even doctors get second opinions. ■ Support groups can be helpful. You can learn a lot from others. ■ Compare the pros and cons of each option. 	36
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