What is follicular lymphoma?
Lymphoma is a cancer of white blood cells within the lymph system. This system transports fluids to the bloodstream and fights germs. Follicular lymphoma is a cancer of B cells from germinal centers within lymph tissue.

What are the tests for follicular lymphoma?
A doctor will remove lymph tissue that will be tested for cancer. Removing the whole tumor with an incisional or excisional biopsy is better than a needle biopsy. In the lab, a doctor will look for patterns of cell proteins that are common to follicular lymphoma.

What health care is given before treatment?
- A report of your health history and an exam of your body
- Blood tests to count blood cells and assess levels of chemicals and proteins
- Tests for hepatitis if needed
- A heart test if you will be taking certain cancer treatments
- Pictures of the insides of your body to look for cancer sites (ie, CT, PET/CT)
- Cancer tests on bone marrow
- Fertility support if wanted and a pregnancy test if needed
### What are treatment options for initial treatment?

| Stages I and II | Radiation therapy for very small cancers  | 26 |
|                | Antibody treatment with or without chemotherapy, radiation therapy, or both |    |
|                | Watch and wait |    |

| Stages III and IV | Watch and wait | 27 |
|                  | First-line regimens like chemoimmunotherapy |    |
|                  | Clinical trial |    |
|                  | Radiation therapy for symptoms |    |

### What are treatment options for second-line treatment?

- Watch and wait
- Second-line regimens like chemoimmunotherapy or a kinase inhibitor
- Clinical trial
- Radiation therapy for symptoms

### What are treatment options for transformed lymphoma?

- Clinical trial
- Chemoimmunotherapy with or without radiation therapy
- Ibritumomab tiuxetan
- Axicabtagene ciloleucel or tisagenlecleucel
- Stem cell transplant with or without radiation therapy
- Radiation therapy
- Supportive care

### How can you decide between options?

- Don’t be shy; ask your doctors questions. They are there to help.
- Get a second opinion. Even doctors get second opinions.
- Support groups can be helpful. You can learn a lot from others.
- Compare the pros and cons of each option.