

Mantle Cell Lymphoma



This NCCN QUICK GUIDE™ sheet summarizes key points from the complete [NCCN Guidelines for Patients®: Mantle Cell Lymphoma](#). These guidelines explain which tests and treatments are recommended by experts in cancer. To view and download the guidelines, visit NCCN.org/patients or, to order printed copies, visit Amazon.com.

NCCN Guidelines
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What is mantle cell lymphoma (MCL)?

Lymphoma is a cancer of white blood cells within the lymph system. This system transports fluids to the bloodstream and fights germs. MCL is named for the B cells from mantle zones within lymph tissue.

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What are the tests for MCL?

A doctor will remove lymph tissue that will be tested for cancer. Removing the whole tumor with an incisional or excisional biopsy is better than a biopsy with a needle. In the lab, a doctor will look for patterns of cell proteins that are common to MCL.

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What health care is given before treatment?

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| ■ A report of your health history and an exam of your body | 16 |
| ■ Blood tests to count blood cells and assess levels of chemicals and proteins | 17 |
| ■ Tests for hepatitis if needed | 18 |
| ■ Pictures of the insides of your body to look for cancer sites (ie, CT, whole-body PET/CT) | 18 |
| ■ Cancer tests on bone, fluid, or tissue from outside the lymph system if needed | 19 |
| ■ A heart test if you will be taking certain cancer treatments | 19 |
| ■ Fertility support if wanted and a pregnancy test if needed | 20 |



What are options for initial treatment?

Stages I and II	■ Involved-site radiation therapy	24
	■ Chemoimmunotherapy with involved-site radiation therapy	
	■ Chemoimmunotherapy	
	■ Watch and wait in certain cases	
Stages II bulky, III, and IV	■ Clinical trial	24
	■ Chemoimmunotherapy followed by autologous transplant and maintenance rituximab	
	■ Chemoimmunotherapy with or without maintenance rituximab	
	■ Watch and wait for slow-growing cancers	

What are options for second-line treatment?

■ Clinical trial	26
■ Radiation therapy	
■ Second-line regimens, which consist of one or more of these drugs: kinase inhibitor, immunomodulator, chemotherapy, or rituximab	

How can you decide between options?

<ul style="list-style-type: none"> ■ Don't be shy and ask your doctors questions. They are there to help. ■ Get a second opinion. Even doctors get second opinions. ■ Support groups can be helpful. You can learn a lot from others. ■ Compare the pros and cons of each option. 	29
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