

Hodgkin Lymphoma



Version 1.2015

Nodular Lymphocyte-Predominant HL Treatment

This NCCN QUICK GUIDE™ sheet summarizes key points from the complete *NCCN Guidelines for Patients®: Hodgkin Lymphoma*. These guidelines explain which tests and treatments are recommended by experts in cancer. To view and download the guidelines, visit NCCN.org/patients or, to order printed copies, visit Amazon.com.

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What is nodular lymphocyte-predominant Hodgkin lymphoma?

It is a rare type of Hodgkin lymphoma. It is not treated the same as more common types.	57
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What are options for first-time treatment?

Stages I and II	<ul style="list-style-type: none"> Stage I and II cancers have grown either above or below your diaphragm. 	58
	<ul style="list-style-type: none"> Small stage IA and IIA cancers are often treated with radiation therapy. Some don't need more treatment if fully removed by biopsy. 	58
	<ul style="list-style-type: none"> Large and other stage I and II cancers are first treated with chemotherapy and radiation therapy. Rituximab may be added to these treatments. 	58
Stages III and IV	<ul style="list-style-type: none"> Stage III or IV cancers are on both sides of your diaphragm or have widely spread outside the lymphatic system. 	60
	<ul style="list-style-type: none"> Stage IIIA or IVA cancers may be treated with chemotherapy. Radiation therapy, rituximab, or both may be added. Other options are radiation therapy to the cancer site to relieve symptoms or rituximab. 	60
	<ul style="list-style-type: none"> Stage IIIB or IVB cancers may be treated with chemotherapy. Radiation therapy, rituximab, or both may be added. 	60

What if first-time treatment doesn't work?



Cancers that aren't cured or return after first-time treatment are treated the same. If the cancer isn't causing symptoms, testing to assess cancer growth over time is an option. If symptoms are present, rituximab may be received. Chemotherapy and radiation therapy may be added.

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What care should I receive after treatment?

Follow-up care starts when there are no signs of cancer after treatment. It should consist of health tests that check for cancer and any problems caused by cancer treatment. It's also important to get care that will help to prevent other illnesses.

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How do I decide between options?

Ask your doctors many questions. Also, you could get a second opinion, attend support groups, and compare pros and cons.

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