



Hodgkin Lymphoma



Treatment Planning

This NCCN QUICK GUIDE™ sheet summarizes key points from the complete *NCCN Guidelines for Patients®: Hodgkin Lymphoma*. These guidelines explain which tests and treatments are recommended by experts in cancer. To view and download the guidelines, visit NCCN.org/patients or, to order printed copies, visit Amazon.com.

*NCCN Guidelines
for Patients®*
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What is Hodgkin lymphoma?



Lymphoma is a cancer of white blood cells called lymphocytes that are within the lymphatic system. This system transports fluids to the bloodstream and fights germs. Hodgkin lymphoma is marked by the presence of Reed-Sternberg or related cancer cells.	8
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Can Hodgkin lymphoma be cured?

With the right treatment, more than 80 out of 100 people with Hodgkin lymphoma are cured of the cancer.	9
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How can I know if I have Hodgkin lymphoma?

The tumor should be fully removed with an excisional biopsy and be tested in a lab. Tests will confirm if there's cancer, the type of cancer, and features of the cancer.	10
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What health care do I need before treatment?

■ A medical history that includes questions about symptoms of Hodgkin lymphoma	14
■ An exam of your body to look for signs of disease and to rate your ability to do activities	15
■ Blood tests to count blood cells, check for inflammation, and assess levels of chemicals	16
■ CT and PET/CT scans or integrated PET/CT to see the cancer site(s)	17
■ Talk to a fertility specialist if you may want to have babies after treatment	20
■ A pregnancy test if you are a woman who can have babies since some treatment can harm unborn babies	20
■ Help to quit smoking and reduce distress if needed	20

What other health care may be helpful to me?



■ HIV and hepatitis B testing if you may have these infections	16
■ CT of your neck if you will be treated with radiation at this site	17
■ Chest x-ray especially if you have a large tumor in the middle of your chest	18
■ Bone marrow biopsy if other tests are unclear	18
■ Heart and lung tests if you may receive treatment that can harm these organs	19
■ Vaccines to prevent illness if your spleen will be treated with radiation	19
■ Fertility preservation if you may want to have babies after cancer treatment	20

What's treatment like?

It depends on the type. Treatments differ by method, side effects, and what's required of you. Share your thoughts about treatment with your doctors so you get the best plan.	24
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